

DOCTORS' SUPPORT LINE

The Helpline Specifically for Doctors






losing your
balance ... ?



... give us a call
and talk it through

The Doctors' Support Line is an independent, confidential, anonymous helpline staffed by trained volunteer doctors. The Helpline is for doctors of all grades and experience, whether working or not, as well as medical students.

The doctor who answers your call will

-  listen
-  understand the pressures of being a doctor
-  guarantee complete confidentiality and respect your anonymity
-  offer support, but not advice
-  know of other sources of help

Volunteers cover the helpline on a rota basis for 6 days per week. Opening times are on the website and the answerphone and usually cover

-  Monday & Tuesday 8pm - 11pm
-  Wednesday, Thursday & Friday 8pm - 10pm
-  Sundays 4pm - 10pm (closed on Saturdays)

DOCTORS' SUPPORT LINE
0844 395 3010

Charity No.
1103741

www.dsn.org.uk

For more information:
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